

Natural New-born Baby Checklist For Clueless Parents-to-be!

This list includes all the essential items you will need in preparation of your baby's arrival but with an emphasis on making eco friendly choices! Of course many of the items mentioned can be purchased from the Mother Nature Green Baby Products Range!

100% Natural / Second-hand Clothing:

- 6 short-sleeved body suits
- 6 long-sleeved and full length body suits
- 6 vests
- 3 pairs of socks
- 3 caps/ beanies
- 3 pairs of mittens
- 3 pairs of leggings
- 1 warm travel suit with hood
- 1 natural woollen jersey
- 2 pairs of booties
- 1 sun hat

Feed Time

- 3 sets washable nursing pads
- 3 nursing bra's
- 5 muslin/ towelling squares
- Natural Nipple balm
- Breast pump (hire or borrow)
- Organic lactose free formula if not breast fed
- 4 BPA free bottles & teat
- Steam sterilizer or chemical free fluid
- 6 bibs
- Solar powered night light
- Optional: Natural nursing pillow

Travel Essentials

- Baby Sling
- Buggy/ Pram (second-hand)
- New car seat
- Changing Bag and Mat
- Chemical free hand/ surface sanitizer
- Thermos bottle warmer

Other

- Cry baby monitor
- Natural Medicines and solutions

Sleep Time

- 4 organic cotton swaddling blankets
- 3 fitted cot sheets (100% natural)
- 2 warm blankets: wool, fleece or quilt
- 1 padded cot bumper
- cot: natural or lead free paint
- new or well cleaned cot mattress
- 2 breathable mattress protectors
- 2 natural rubber orthodontic dummies
- 2 baby natural sleeping bags
- natural soft toy or doo-doo blanket
- Optional: sheepskin under sheet
- Mosquito net
- Baby Mobile: see our driftwood idea!

Bath time, Nappies and Changing

- 20 cloth nappies & 5 covers in each size
- 3 packs bio-flushable/ washable liners
- 1 or 2 lidded soak buckets
- 1 or 2 laundry netted bags
- 1 wet nappy travel bag
- Natural laundry wash and nappy soak
- 1 pack new-born eco disposables
- Mercury free thermometer
- Natural barrier balm
- 10 washable wipes and 1 spray bottle
- 1 reusable changing mat & pad
- Natural lotion and massage oil
- Natural baby soap/ wash
- Natural Sunscreen cream
- 2 Hooded towels and wash-cloths
- Baby Nail Scissors
- Bath Tub or dam
- Un-bleached organic cotton wool
- Natural Baby Room Spray